

PATH Intl. Interactive Vaulting Instructor Criteria



PATH
INTERNATIONAL

Professional Association of Therapeutic
Horsemanship International

*Ensuring excellence and changing lives
through equine-assisted activities and therapies*

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ADDITIONAL BOOKLETS REGARDING CERTIFICATION (VISIT www.pathintl.org TO DOWNLOAD)

- **THE PATH INTL. INTERACTIVE VAULTING INSTRUCTOR
APPLICATION BOOKLET**
- **THE PATH INTL. INTERACTIVE VAULTING INSTRUCTOR
CERTIFICATION BOOKLET**
- **THE PATH INTL. REGISTERED RIDING INSTRUCTOR
CERTIFICATION POLICIES AND PROCEDURES**
- **ANNUAL INSTRUCTOR COMPLIANCE**
- **THE PATH INTL. REGISTERED RIDING INSTRUCTOR
CERTIFICATION GLOSSARY**



MISSION

***PATH Intl. promotes safety and optimal outcomes in equine-assisted activities
and therapies for individuals with special needs.***

PATH Intl., Inc. / P.O. Box 33150/ Denver, CO 80233

1-800-369-7433 (RIDE) / Fax: 303-252-4610

Email: path@pathintl.org/ Website: www.pathintl.org

The logo consists of the letters 'IV' in a bold, orange, sans-serif font, centered within a square frame with a grey, textured background.The logo features the words 'INTERACTIVE' and 'VAULTING' stacked vertically in a white, sans-serif font, centered within a solid orange rectangular box.

Interactive Vaulting Instructor Criteria

An Interactive Vaulting Instructor is able to create a safe, dynamic environment that offers educational, social, creative, and movement opportunities to participants engaged in horsemanship activities, movements around, on and off the equine or barrel and gymnastic positions on the back of the equine. Being dually qualified as a therapeutic riding instructor, an Interactive Vaulting Instructor is also able to conduct an effective, safe and basic equestrian lesson to include the teaching of a riding skill to individuals with disabilities.

IVG. GENERAL

IVG 1.0 PATH Intl. Standards

IVG 1.1 Know and implement PATH Intl. Interactive Vaulting Standards and their interpretation.

IVG 1.2 Know and implement PATH Intl. Core Standards and their interpretation.

IVG 1.3 Know and implement PATH Intl. Precautions and Contraindications

IVE. EQUINE MANAGEMENT

IVE 1.0 Lungeing

IVE 1.1 Demonstrate ability to lunge horse with side reins at walk, trot & canter

IVE 1.2 Recognize and demonstrate appropriate placement and fit of lungeing tack

IVE 1.3 Demonstrate adjustment of side reins appropriate to gait, conformation and training level of horse

IVE 1.4 Demonstrate use of appropriate footwear and gloves

IVE 1.5 Know and demonstrate the following during lungeing

1. Appropriate management of lunge line in both directions
2. Maintain lunger position
3. Coil lunge line
4. Use of side reins & appropriate adjustment
5. Use of whip
6. Use of body language
7. Use of voice

IVE 1.6 Know and the demonstrate the following:

1. Proper lungeing attire for lungeur
2. Proper attire for vaulters
3. Proper attachment of lunge line and side reins

IVE 2.0 Selection and Training

IVE 2.1 Know & explain how to train a horse for lungeing and vaulting including how to accept lunge line, whip & sidereins

IVE 2.2 Describe how to condition and maintain a horse for lungeing and vaulting

IVE 2.3 Identify how conformation, soundness, previous training and temperament may affect the function of Interactive Vaulting horse.

IVE 2.4 Identify and explain horse behaviors that are unsafe for the interactive vaulting environment

IVE 2.5 Know and explain how to introduce vaulters, games, props and activities to the vaulting horse

IVE 2.6 After lungeing, evaluate the suitability of a horse for interactive vaulting and recommend training plan.

IVE 2.7 Know and recognize at all gaits on the lunge line:

1. Rhythm and regularity
2. Looseness and relaxation
3. Contact
4. Impulsion
5. Straightness
6. Collection

3. Flag
4. Scissors
5. Kneel
6. Stand

IVE 3.0 Tack, Tacking and Equipment

IVE 3.1 Identify and know the purpose, use and function of:

1. Lungeing Cavesson
2. Vaulting Surcingle
3. Training Surcingle
4. Appropriate
5. Lunge line
6. Lunge whip
7. Nosebands
8. Side reins
9. Girths
10. Bits
11. Protective Boots and Wraps
12. Vaulting Barrel

IVE 3.2 Identify the parts of the vaulting surcingle

IVE 3.3 Know & demonstrate how to tack the horse for lungeing & vaulting

IVE 3.4 Select, evaluate & fit equipment needs for vaulter and horse including:

1. Type of bridle, cavesson, bit, side reins, surcingle and padding
2. How the surcingle and padding affects the vaulters position
3. How the bridle, bit, side reins, lunge line attachment, surcingle and padding affect the horse.
4. How to correctly choose and apply protective boots and wraps

IVE 3.5 Know how to educate team, including vaulters and volunteers in use of equipment

IVE 3.6 Know and demonstrate the care and maintenance of interactive vaulting equipment

IVV. VAULTING

IVV 1.0 Position / Vaulting Positions

IVH 3.1 Know & demonstrate the basic vaulting positions on the barrel to include:

1. Basic Seat
2. Mill

IVI. INSTRUCT A GROUP VAULTING SESSION OF THREE VAULTERS

IVI 1.0 Horse Preparation and Safety

IVI 1.1 Instruct the following:

1. Group preparation of the horse to include grooming, tacking, wrapping
2. Spatial awareness of the horse, lunge line, whip and each other
3. Proper vaulter attire
4. How to safely fall

IVI 1.2 Develop a lesson plan which includes:

1. An Interactive Vaulting skill
2. A measurable objective related to the stated Interactive Vaulting skill

IVI 1.3 Incorporate lesson activities suitable to the objective in the lesson plan.

IVI 1.4 Select the horses for vaulters according to:

1. Behavior/Temperament of horse
2. Movement quality
3. Gait
4. Horse size
5. Vaulter Profiles

IVI 1.5 Know guidelines for non-use of helmets

IVI 2.0 Mounts and Dismounts

IVI 2.1 Instruct the following:

1. Proper leg up technique
2. Mounting and dismounting techniques from the ground to the horse or barrel
3. Mounting techniques from the spring board or trampoline to the barrel.
4. Proper assist or spotting technique during mounting and dismounting

IVI 3.0 Position

IVI 3.1 Know, instruct and correct the following basic vaulting positions on the barrel, horse and/or to multiple vaulters

1. Basic Seat
2. Mill
3. Box
4. Flag
5. Kneel
6. Clicks
7. Scissors
8. Stand
9. Mount & Dismount

IVI 4.0 Exercises and Games

IVI 4.1 Instruct interactive games and activities on the:

1. equine
2. barrel
3. ground
4. any combination of horse, barrel or ground

IVT. TEACHING METHODOLOGY

IVT 1.0 Teaching

IVT 1.1 Know and demonstrate the teaching skills applicable to the interactive vaulting environment to include:

1. Management of 3 or more vaulters while lungeing
2. Promoting interaction through activities on and off the horse and barrel
3. Incorporating all gaits into vaulting session, if applicable

IVT 1.2 Work with an assistant including

1. Training specific to the interactive vaulting setting including vaulting exercises, gymnastics, group dynamics, emergency response, spotting etc.
2. Developing a rapport with the entire interactive vaulting team
3. Providing direction to the assistant during the interactive vaulting session

IVT 1.3 Know benefits of interactive vaulting