



*“Ensuring excellence and changing lives through equine-assisted activities and therapies”*

**Recipient of the 2013 Equine Industry Vision Award,  
sponsored by Zoetis and presented by American Horse Publications**

**For more information, contact:**

Cher Smith, Communications Coordinator  
(800) 369-7433, ext.123  
csmith@pathintl.org

**February 2016**

**Award-Winning *PATH Intl. Strides* Magazine Provides Resources, Inspiration**

**Denver**—The Professional Association of Therapeutic Horsemanship International (PATH Intl.) is made up of more than 7,600 individual members and 866 center members from all over the world. One of the many benefits of association membership is a subscription to *PATH Intl. Strides*, the association’s award-winning quarterly magazine.

The full-color, 64-page magazine is intended as a challenging information exchange and communication opportunity for the equine-assisted activities and therapies (EAAT) field. Articles fit in the issue’s theme and offer resources, inspiration and information to its readers. Magazine themes have included “The Staff and Volunteer,” “Equine Welfare,” “Fundraising” and “Participants.” Articles have encompassed everything from “Special Olympics” and “ADHA Research on Exercise” to “Smart Risk Management,” “Equine Yoga,” “Autism and Therapeutic Riding” and “Research Outcomes in Equine-Facilitated Psychotherapy.” The Winter 2016 issue on “Certification” featured articles on steps to follow when pursuing PATH Intl. Instructor Certification, learning what to expect and how to create an instructor-in-training program.

One of the most widely read and copy-requested issues was the Spring 2013 “Veterans Issue.” Articles on two PATH Intl. Premier Accredited Centers, BraveHearts Therapeutic Riding and Educational Center in Harvard, IL, and Rainier Therapeutic Riding in Yelm, WA, spotlighted working with this unique population. In the three years since that issue was published, veterans programming at PATH Intl. Member Centers has stretched, grown and reached even more wounded military personnel. As PATH Intl. CEO Kathy Alm stated, “According to the latest PATH Intl. data, 317 of 8350 PATH Intl. Member Centers provide services specific to veterans. In 2009, this number was just 89.” We are excited that the Spring 2016 issue of *PATH Intl. Strides* will also be devoted to veterans, with articles on post-traumatic stress, vets and Mustangs, and healing military sexual trauma through partnership with horses.

PATH Intl. Strides is a free resource for PATH Intl. members. Non-members may purchase a yearly subscription for \$34. Letters to the editor and article submissions are welcome. Email [Karen Karvonen](mailto:Karen.Karvonen@pathintl.org), *PATH Intl. Strides* editor, for information.

[Click here for advertising rates.](#)

[Visit the PATH Intl. website](#) to find past issues of *PATH Intl. Strides* online. If an article is not listed or you need an issue prior to 2011, please contact [Cher Smith](mailto:Cher.Smith@pathintl.org).

-30-

*About PATH Intl.:*

The Professional Association of Therapeutic Horsemanship International® (PATH Intl®.) was formed in 1969 to promote safety and optimal outcomes in equine-assisted activities and therapies (EAAT) for individuals with

special needs. At 866 member centers, nearly 62,000 children and adults, including nearly 4,000 veterans, may find improved health, wellness, fun and a sense of pride and independence through involvement with horses. Therapeutic horsemanship at member centers may include hippotherapy, equine-facilitated mental health, driving, interactive vaulting, trail riding, competition, ground work and stable management. Through a wide variety of educational resources, the association helps individuals start and maintain successful EAAT programs. There are more than 55,000 volunteers, 4,666 instructors, 7,672 equines and thousands of contributors from all over the world helping people at PATH Intl. Member Centers.