



"Ensuring excellence and changing lives through equine-assisted activities and therapies"

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A Lesson in Anatomy at the PATH Intl. Horse Expo in Washington

Denver— The Professional Association of Therapeutic Horsemanship International (PATH Intl.), formerly NARHA, is pleased to announce that equine clinician Susan Harris and centered riding clinician Peggy Brown will present "The Visible Horse and Rider: Anatomy in Motion" at the 2012 PATH Intl. Horse Expo in Bellevue, WA, November 3. The Horse Expo is part of the PATH Intl. Conference, which takes place October 31 through November 3.

Biomechanics applies the laws of physics and mechanics to human movement in order to gain a greater understanding of performance. It grants us an understanding of physical principles such as motion, resistance, momentum and friction. In this unique visual presentation of the biomechanics of the horse and rider, attendees will gain a better understanding of how the horse and rider move and what is needed to balance the two. On one side of the horse, Susan will paint the horse's muscular system and on the other side the skeletal system. After reviewing the horse biomechanics, Peggy will ride the horse wearing a suit depicting the human skeleton, showing the biomechanics of the rider working with the horse.

There are many other informative sessions during the week in several tracks, including Mental Health & Learning, Veteran Programs, Innovate, Research and Equine Health and Well-Being. The conference promises to be one of the best and is a great way to learn about the equine-assisted activities and therapies field as well as network with industry experts.

[Click here](#) if you would like information on attending the PATH Intl. Conference and Horse Expo, or [click here to register](#). Hope to see you in Bellevue!

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About PATH Intl.:

Professional Association of Therapeutic Horsemanship International (PATH Intl.), formerly NARHA, was formed in 1969 to promote equine-assisted activities and therapies for individuals with special needs. At more than 800 member centers, a total of 48,000 children and adults find a sense of independence through involvement with horses. These member centers range from small, one-person programs to large operations with several certified instructors and licensed therapists. In addition to therapeutic equitation, a center may offer any number of equine-assisted activities including hippotherapy, equine-facilitated mental health, driving, interactive vaulting, trail riding, competition, ground work or stable management. Through a wide variety of educational resources, the association helps individuals start and maintain successful equine-assisted activities and therapies for individuals with special needs. There are more than 37,000 volunteers, 4,300 instructors, 6,000 therapy horses and thousands of contributors from all over the world helping people at PATH Intl. centers.