



P.O. Box 33150
Denver, CO 80233
www.narha.org

For more information, contact:
Cher Smith, Communications Coordinator
(800) 369-RIDE (7433)
csmith@narha.org

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NARHA and the Power of the Horse at the World Equestrian Games



Denver—The healing power of the horse was front and center during two demonstrations by NARHA and Central Kentucky Riding for Hope at the Alltech FEI World Equestrian Games, October 2 and 3, in Lexington, KY. These demonstrations, which took place in the John Deere Reining Arena, enabled thousands of equine enthusiasts to see how horses improve the lives every day of individuals with special needs.

Participants and attendees of the World Equestrian Games also watched a number of athletes who were graduates of therapeutic riding programs participate in the Para Dressage competition of the WEG.

"We are proud to be able to represent just a few of the accomplishments thousands in this industry see every day," said CKRH Program Director Denise Spittler. CKRH is a NARHA Premier Accredited Center.



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About NARHA:

NARHA, formerly the North American Riding for the Handicapped Association, was formed in 1969 to promote equine-assisted activities and therapies for individuals with special needs. At over 700 member centers, a total of 42,000 children and adults find a sense of independence through involvement with horses. These member centers range from small, one-person programs to large operations with several certified instructors and licensed therapists. In addition to therapeutic equitation, a center may offer any number of equine-assisted activities including hippotherapy, equine-facilitated mental health, driving, interactive vaulting, trail riding, competition, ground work or stable management. Through a wide variety of educational resources, the association helps individuals start and maintain successful equine assisted activities and



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maintain successful equine assisted activities and therapies for individuals with special needs. There are more than 24,000 volunteers, 2000 instructors, 5,700 therapy horses and thousands of contributors from all over the world helping people at NARHA centers.