

## References from Changing Rein EAAT's Education Specialist, Julie Cislo

- *Journey of the Spirit Horse, Marvelous Minis, Cowboy Poetry*, by Strides to Success, Inc.
- *A Horse with a Different View*, by Manitou Connections LLC
- *100+ Equine Assisted Activities, Lessons and Ideas*, by Blair McKissock and Jan Helsper was helpful for getting me thinking outside the box. The lessons are for mounted riders, but I was able to adapt some for the lessons I was planning.
- *ABC's of Designing Equine Programs in Partnership with Schools* has some great information in it, including budget and evaluations for charting results.

## References and Resource Recommendations from Changing Rein EAAT's Equine Specialist, Sandra Boe:

### **PATH Intl. Equine Specialist in Mental Health and Learning Certification –**

This training offers a great foundation to getting started and will keep you compliant with the PATH Intl. requirements for EAL and EFP.

**The EFL Handbook** (this will be undergoing major editing changes as the EAL committee revises and better defines the EAL services under Education,

Attend the PATH Intl. Conference – the pre-conference committee meetings and get on the EAL Community Connections page through PATH's website. Ask questions!

Debbie Anderson welcomes your input and questions – she is the co-chair of the EAL Committee [Debbie@stridestosucces.org](mailto:Debbie@stridestosucces.org)

Workshops are offered by Debbie and Blair McKissock at Strides to Success – both for running a business and for the work of EAL in Education, Coaching and Professional Development

Carrie Garnett is the PATH Intl liaison for the EAL Committee

### **Books I found useful:**

*Adventures in Awareness* – Barbara Rector  
*It's Not About the Horse* – Wyatt Webb

*Zen Mind, Zen Horse, The Science and Spirituality of Working with Horses*-Allan J. Hamilton, MD

Mark Rashid – any of his books on horsemanship-he is incredibly intuitive about horses and people and the connection between them  
We do follow the Parelli natural horsemanship approach, but we also work with a trainer who works with Buck Brannaman and I also find his methods to be extremely effective

EAGALA Trainings – I have learned so much from the EAGALA model – it is okay to look around and see how others are practicing in this field. More tools in your toolbox can be helpful – the more skilled you can be as an equine specialist, the better

EAGALA also has a great library of books written by practitioners that are a wonderful resource for working with different populations

One blog I follow is– Michael Dawson of the Phillip Center – he is on Linked In

GET ON Linked IN! There are some great people on there