Sample Learning Objectives

Key:
The first objectives relate to equine interaction observations and practiced skills.
The second objectives transfer/bridge the observations and skills to personal/human interaction learning.
The third objective generalizes the learning to specific groups ie: school, family, organization, work place.

1) Example of Education - Life Skill learning objectives -

This program was for a school with students with learning differences. The school staff wanted us to address the skill of "Making Good Decisions".

What we will explore with equines: thinking before doing, exploring options, managing risk, consider what we know and what we don't know, looking at the whole picture (our decision may affect others), making the "right choices"
Why Horses? Equines are very thoughtful in their decision making. They look at the whole picture/all those around them, learn well from past experiences & try to keep themselves safe. Equines also make sure they understand the herd rules and consequences of not following the rules.
Learning Objectives:

1. *The student will identify 3 times they used good decision-making techniques to insure they were making safe choices, when working with their horses.*
2. *The student will identify 1 time when they or someone they know:*
   a. *made a good decision and what the results were*
   b. *did not make a great decision and what they did not consider as they made the choice.*
   c. *made a mistake that they learned from and what the "lesson" was.*
3. *Student will give one example of how using thoughtful decision-making could be helpful in school for students and teachers.*

2) Example of Professional/Corporate learning objectives

This group was from a mental health facility beginning a collaborative treatment approach as an option for their patients. One of the equine interaction activities gave the counselors the opportunity to observe the body language of horses as the group mingled with the horses grazing in a field. The group already had been provided with a basic understanding of equine body language.

Participants will:

1. **Identify 2 times an equine used body language to communicate and possible reasons why.**
2. **Observe and discuss the reactions each equine had as more than on 1 person approached and spent time with them and potential reasons why.**
3. **Discuss how the observations and insights shared might be utilized to enhance the team approach at the center.**