EAL Sample Curriculum

Core Skills
- Nonverbal communication (body language)
- Spatial recognition
- Catching/haltering
- Grooming
- Leading
- Energy level

Horsemanship
- Trust & respect
- Leadership
- Boundaries & consequences
- Degrees of pressure
- Timing & Feel
- Lunging on line
- Free lunging
- Gaits
- Desensitizing
- Showmanship & braiding
- Parelli games
- Long line driving

Equine Management
- Breeds, markings, colors
- Anatomy
  - Nutrition
    o Hays
    o Grains
    o Summer vs. Winter
    o Noxious/toxic weeds
    o Body condition scoring
    o Gaits & fitness
    o Vitals (temperature, heart rate, respiration rate, capillary refill)
- Health Care
  o Wraps
  o Braiding
  o Vaccinations, worming
  o Shoeing & trimming
  o Bandaging
  o Clipping
- Illnesses
- Equine psychology (horsenalities)
- Facility management
  o Stalls
  o Composting/visit to poop pile
- Saddle fitting

Life Skills
- Education (IEP)
  o Learning styles
  o Follow directions (multiple steps)
- Vocational training
  o Safety
  o Awareness
  o Communication
    - Receiving and giving feedback
    - Tone of voice
    - Discussion
    - Interviewing
  o Identifying strengths
  o Equine related careers
- Nutrition/Health/Fitness
  o Posture & Conformation
  o Anatomy comparison (horse-human)
  o Biomechanics- lifting
  o Injury prevention
  o Vital signs (temperature, heart rate, respiration rate, capillary refill)
  o First aid/CPR
  o Nutrition
    - Balanced diet
    - MyPlate
    - Nutrition labels
    - Ingredients
  o Body condition scoring/Body Mass Index
  o Benefits of exercise
    - Strength training
    - Aerobics
    - Agility
    - Stress reducer
    - Endurance
    - Repetition
    - Confidence/energy levels
  o Flexibility
  o Stretching
  o Yoga
  o Composting/visit to poop pile
  o Hygiene
    - Grooming
    - Stall and facility cleanliness
    - Bathing

- Hays
- Grains
- Summer vs. Winter
- Noxious/toxic weeds
- Body condition scoring
- Gaits & fitness
- Vitals (temperature, heart rate, respiration rate, capillary refill)