

REGION 1

**PATH Intl.
CONFERENCE**

April 21-23, 2017

**PORTLAND &
WINDHAM, ME**

HOSTED BY

Region 1 and NESAR

**Riding To The Top
Therapeutic Riding
Center**



PATH
INTERNATIONAL

Professional Association of Therapeutic
Horsemanship International



PATH
INTERNATIONAL

Professional Association of Therapeutic
Horsemanship International

**PATH Intl.
Region 1**

**P.O. Box 33150
Denver, CO 80233
(800) 369-7433 (RIDE)**

Region 1 PATH Intl. CONFERENCE

Registration Form

CONFERENCE INFORMATION

Online registration will be available through April 7, 2017. After April 7, 2017, registration will need to be completed onsite.

TO REGISTER

Please complete and mail this registration form and payment to:

PATH Intl.
Region 1 Conference
P.O. Box 33150
Denver, CO 80233

- OR -

Fax it to
(303) 252-4610

- OR -

You may register online at www.pathintl.org

CONFIRMATION

You will be sent a confirmation via email

QUESTIONS?

Kimberly Price at
(800) 369-7433, ext. 107
or email
kprice@pathintl.org

Individual Name		PATH Intl. Membership Number
Mailing Address		
City	State	Zip Code
Day Phone	Fax Number	
Email (required for confirmation)	Discount Code (if applicable)	
PATH Intl. Center Affiliation (if applicable)	College/University Name (if applicable)	

Check all that apply	How did you learn about this event?	
<input type="radio"/> This is my first time attending a PATH Intl. Region Conference.	<input type="radio"/> PATH Intl. website	<input type="radio"/> Region website
<input type="radio"/> Wheelchair accessibility needed	<input type="radio"/> PATH Intl. eNews	<input type="radio"/> Word of mouth
<input type="radio"/> Other special needs: _____	<input type="radio"/> PATH Intl. STRIDES magazine	<input type="radio"/> Other: _____
	<input type="radio"/> Email invitation	_____
	<input type="radio"/> Postcard or mailing	_____

Special Meal Requests: (accommodations cannot be guaranteed)	Session, Meal and Event Choices
<input type="radio"/> None	<input type="radio"/> Friday - Meet and Greet Reception and Standards Hearing
<input type="radio"/> Vegetarian	Session A: <input type="radio"/> A1 <input type="radio"/> A2 <input type="radio"/> A3
<input type="radio"/> Diabetic	Session B: <input type="radio"/> B1 <input type="radio"/> B2 <input type="radio"/> B3
<input type="radio"/> Gluten free	<input type="radio"/> Saturday Lunch
<input type="radio"/> Other: _____	Session C: <input type="radio"/> C1 <input type="radio"/> C2 <input type="radio"/> C3
	Session D: <input type="radio"/> D1 <input type="radio"/> D2 <input type="radio"/> D3

Conference Registration Type
Registration Through April 7, 2017
Full Conference: <input type="radio"/> Member \$150 <input type="radio"/> Non-member \$225
Higher Ed Student: <input type="radio"/> \$100 (same onsite)
Saturday or Sunday only: <input type="radio"/> Member \$80 <input type="radio"/> Non-member \$130
Registration Onsite
Full Conference: <input type="radio"/> Member \$180 <input type="radio"/> Non-member \$260
Saturday or Sunday only: <input type="radio"/> Member \$100 <input type="radio"/> Non-member \$150
<input type="radio"/> PATH Intl. Standards Course (Free) (indicate why below)
<input type="radio"/> for Instructor Certification <input type="radio"/> for Center Accreditation
<input type="radio"/> for other reason: _____
<input type="radio"/> Preconference "Stellar Fundraising"
<input type="radio"/> Member \$50 <input type="radio"/> Non-member \$75

Payment	Please make a copy of your registration forms prior to sending them to PATH Intl.
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I wish to pay by (check one): Check Number: _____ Money Order Visa MC Amex Discover

Total Enclosed: _____

Card Number	Expiration Date	CCV#
Name on Card	Signature	

Full refunds are given only if a written cancellation request is received at the PATH Intl. office by February 24, 2017. A 50-percent refund is given if a written request is received at the PATH Intl. office February 24 - March 3, 2017. Individuals who do not submit a written request to PATH Intl. by March 3, 2017, will not receive a refund. There will be no refunds for cancellations due to weather unless the conference is canceled.

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CONFERENCE INFO

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Region 1 and NESAR
Riding To The Top
Therapeutic Riding Center

FRIDAY SESSION

Fireside Inn & Suites
81 Riverside St.
Portland, ME 04103
855-213-0582

Riding To The Top Therapeutic Riding Center

14 Lilac Dr.
Windham, ME 04062
207-892-2813, ext. 10
(Emergency Cell Phone contact
for texting: 207-632-1528)

SATURDAY SESSION

Fireside Inn & Suites
81 Riverside St.
Portland, ME 04103
855-213-0582

SUNDAY SESSION

Riding To The Top
Therapeutic Riding Center
14 Lilac Dr.
Windham, ME 04062
207-892-2813, ext. 10
(Emergency Cell Phone contact
for texting: 207-632-1528)

LODGING

FIRESIDE INN & SUITES

81 Riverside St.
Portland, ME 04103
855-213-0582

*Rate: Call to make your reservation
by 3/22/17 and refer to Therapeutic
Riding Conference/PATH Intl. to get a
discounted rate of \$85/night plus taxes.*

QUESTIONS

KIMBERLY PRICE

(800) 369-7433, ext. 107
kprice@pathintl.org

REFUND POLICY

Full refunds are given only if a written cancellation request is received at the PATH Intl. office by April 7, 2017. A 50-percent refund is given if a written request is received at the PATH Intl. office March 31, 2017. Individuals who do not submit a written request to PATH Intl. by March 31, 2017 will not receive a refund. There will be no refunds for cancellations due to weather unless the conference is canceled.

REGISTRATION

Online registration will be available through April 7, 2017. After April 7, 2017, registration will need to be completed onsite.

Please complete and mail the registration form and payment to: PATH Intl. Region 1 Conference, Attn: Rachel Moore, P.O. Box 33150, Denver, CO 80233 or fax it to (303) 252-4610. You may register online at www.pathintl.org.

Online Registration Through April 7, 2017

Preconference "Stellar Fundraising"	
Member	Non-Member
\$50	\$75

Full Conference	
Member	Non-Member
\$150 (\$180 onsite)	\$225 (\$260 onsite)

Higher Ed Student (ID required at pick up)
\$100

Saturday or Sunday only	
Member	Non-Member
\$80 (\$100 onsite)	\$130 (\$150 onsite)

PATH Intl. Standards Course: **FREE**
Must Pre-register

WELCOME

PATH Intl. Region 1 welcomes you to join us for an educational and fun weekend with your friends and colleagues. Lunch will be served onsite on Saturday and Sunday, as well as breakfast on Sunday. There will also be a welcome reception (complementary beverages and hors d'oeuvres) on Friday night at Riding To The Top. These meals are included in your registration fee.

Region 1 PATH Intl. CONFERENCE

Agenda

SPECIAL ANNOUNCEMENTS

Please bring silent auction items to support the conference and continuing education for Region 1 members. As we transition to new CEU requirements for instructor renewal, please note that sessions meeting the specific disabilities education requirement are marked with *DE. If you have questions about these requirements, please contact Bret Maceyak at the PATH Intl. office.

ALL DAY

EXPLORE RTT'S TRAILS BEFORE HEADING HOME!

Trails are short in duration and can be explored at your own pace! Trail maps available.

FRIDAY, APRIL 21

PRECONFERENCE

Riding To The Top

1 to 5:30 p.m. • cost \$50.00

CREATING STELLAR FUNDRAISING FROM YOUR BOARD *CE

"We can't get our board to help with fundraising. They are the 'movers and shakers' in town. Board members tell me I will do anything EXCEPT fundraise!" Even if any of these are commonly voiced concerns in your program, there IS a solution. Today is the day to start your Board turnaround. Board members need training, support and encouragement to do fundraising well. The ED and other lead staff members are essential to the process. When everyone understands their roles and communicates openly, the process can move forward effectively with dynamite results. KC Henry, Transitions Unlimited, LLC; former ED of Horses and Humans Research Foundation and Fieldstone Farm TRC.

12 to 2 p.m.

NESAR BOARD MEETING (BY INVITATION ONLY)

10:00am to 5:00pm

PATH INTL. STANDARDS COURSE

Attendees must pre-register with PATH Intl. and bring a copy of the 2017 PATH Intl. Standards for Certification and Accreditation manual. (Instructor) Lunch included 20 person max.

1 to 5:30 p.m.

REGISTRATION OPEN AND SILENT AUCTION DROP OFF

CONFERENCE BEGINS

6:30 to 8 p.m.

RIDING TO THE TOP MEET AND GREET RECEPTION

(Complementary beverages and hors d'oeuvres) and Standards Hearing

SATURDAY, APRIL 22

(Fireside Inn & Suites)

8 to 8:30 a.m.

BREAKFAST ON YOUR OWN

8 to 10 a.m.

REGISTRATION OPEN

9 to 10:30 a.m.

SESSION A

9 to 10:30 a.m.

A1 • EFFECTIVE IMPLEMENTATION OF EFP PART IESMHL *CR

Learn the ins and outs of starting an effective equine-facilitated psychotherapy program. This presentation will include an overview of EFP, the equine specialist and mental health professional relationship, and the importance of collaboration. How to work effectively with special populations, insurance carriers, community partners and schools.

Sarah Jane Chaplin, MS, LCMHC, and Kristen McGraw, PATH Intl. Certified Registered Instructor, Driving Instructor Level II and ESMHL. (UpReach TEC)

9 to 10:30 a.m.

A2 • CREATING VOLUNTEER PROGRAMS THAT SPARKLE *CE

Make your volunteer program sparkle! This presentation will review the building blocks of creating successful volunteer programs including recruitment, training and retention. Explore ways to make YOUR volunteer program stand out by creating a positive win-win environment. Role play and opportunity to problem solve.

Jeanna Pellino, PATH Intl. Certified Advanced Instructor, ESMHL, and Megan McNamara, PATH Intl. Certified Registered Instructor. (Manes & Motions)

9 to 10:30 a.m.

A3 • IMPROVE YOUR ADAPTIVE RIDING LESSON PLAN: INTRODUCTION TO THE VESTIBULAR AND PROPRIOCEPTIVE SYSTEMS *DE *RIDING CR

Adaptive riding instructors will be provided with information that will clarify clinical treatment versus adaptive riding. A presentation on the vestibular and proprioceptive systems will provide instructors with a clear understanding of the importance of equine-based clinical intervention by PTs, OTs and SLPs and strategies that can improve both clinical treatment and riding lesson plans. A discussion regarding the use of proper terminology when describing these services to the general public will also take place.

Rebecca Henry MS, OTR/L, AHCB-CT (Carlisle Academy Integrated Sports and Equine Therapy)

10:45 a.m. to 12:15 p.m.

SESSION B

10:45a.m. to 12:15 p.m.

B1 • EQUINE-ASSISTED WELLNESS FOR VETERANS *DE *ESMHL CR

Clinical Equine Assisted Wellness Therapy is a process in which horses assist individuals in achieving specific symptom management and reduction along with wellness life goals. This session will assist the learner gain insight regarding partnering with equine subjects in order to identify treatment and wellness goals via the use of a cognitive behavioral therapeutic process. The learner will review the use of equine-facilitated therapy in conjunction with cognitive behavioral therapy to address multiple major mental health disorders, behavioral and relationship issues.

Robert G. Carey, LICSW, LCSW, CCHP, MA, MSW (Bull Ring Belgians)

10:45 a.m. to 12:15 p.m.

B2 • DOES YOUR EVENT WORK FOR YOUR ORGANIZATION OR VICE VERSA? *CE

This panel discussion will share insights gained from running a very successful event for Riding To The Top. Participants will learn the role special events play in overall fundraising goals and how to use an organization's resources wisely.

Susan Cole, Director of Dev't; Nick Doria, Volunteer Coordinator; Cindy Elder, Triple B Host Committee Co-Chair (Riding To The Top)

10:45 a.m. to 12:15 p.m.

B3 • ADAPTIVE EQUIPMENT AND GAMES FOR STUDENTS WITH PHYSICAL DISABILITIES *DE *RIDING CR

Do you have students who need extra physical support in the lessons? Do you need some new lesson plans for those students who are working on basic riding skills? Come and join me to look at different types of adaptive equipment and lesson plans for the student with physical disabilities. There will be time in the presentation for a group discussion on both topics.

Sarah Norris, PATH Intl. Certified Registered Instructor, PATH Intl. Certified Driving Instructor (Pappas Rehabilitation Hospital for Children)

12:30 to 1:45 p.m.

LUNCH

1:45 to 3:15 p.m.

SESSION C

1:45 to 3:15 p.m.

C1 • EVALUATING HUMAN-EQUINE BEHAVIOR THROUGH THE LENS OF ADULT ATTACHMENT *DE

Can a brief interaction with a horse impact a woman's attachment style? A pilot study of the interactions and impact on adult attachment dimensions of a brief interaction with a horse suggests this is worth more investigation. This presentation aims to give an overview of the author's research, and the practicalities and pitfalls of research in EAAT.

Clare Thomas-Pino (University of Maine)

1:45 to 3:15 p.m.

C2 • PREVENTING LESSON HORSE BURNOUT: BUILDING RELATIONSHIPS AND CREATING TRUST *CE

This presentation will provide an overview of the basic care and management of horses that are known to prevent burnout. In addition, an overview of relationship-building strategies that can be utilized by EAAT programs to prevent their horses from burning out will be presented.

Lauren Weisberg, MS, PATH Intl. Certified Registered Instructor, EAGALA Certified Equine Specialist (Miracles in Motion)

1:45 to 3:15 p.m.

C3 • EXPAND YOUR TOOLBOX! TIPS FOR TEACHING RIDERS WITH AUTISM DE RIDING *CR

Are you struggling with how to plan for and execute lessons for riders on the autism spectrum? Especially those who are non-verbal? We'll discuss tack, horse choice, communication methods, arena set-up, use of toys, music and most importantly lesson planning! Come prepared to share ideas with each other.

Ginger Anderson, PATH Intl. Certified Registered Instructor (Riding To The Top)

3:30 to 5 p.m.

SESSION D

3:30 to 5 p.m.

D1 • RIDING WITH AWARENESS (PART I) *RIDING CR

This is a two-part presentation that will help teachers and riders become aware of habitual movement patterns. Learn how to recognize these patterns through a series of ground exercises and how they impact the horses' way of going and their natural balance. Part I will be theory and ground exercises to release tension, increase flexibility and influence relaxation, focusing on six different areas of the body. Please bring a ground mat.

Judy Cross Strehlke, PATH Intl. Certified Advanced Instructor, Level IV Centered Riding Clinician

3:30 to 5 p.m.

D2 • WHY NOT A MULE? THE PROS AND CONS TO HAVING A DIVERSE HERD FOR YOUR PROGRAM *CE

From ponies to drafts, mares to geldings—diversity in the herd can be a blessing or a curse for a therapeutic program. This discussion is intended to get people

thinking, “What type of horse is best suited for my program needs?” and “Where do I want to take my program based on the herd that I have?” Having a large selection of equines at your program can add managerial headaches but can also open a window into catering to your diverse participant needs.

Samantha Arevalo, PATH Intl. Certified Registered Instructor, EAGALA Equine Specialist (Green Chimneys)

3:30 to 5 p.m.

D3 • THE IMPORTANCE OF INTEGRATION *RIDING CR

Developing creative programming and diverse revenue streams are essential to sustainable organizations. Incorporating an able-bodied riding program alongside a therapeutic horsemanship program provides many opportunities. Development of diverse peer relationships, enhancement of your volunteer program, built-in skill advancement options, inclusion of siblings or parents and reduced burnout for horses are just a few of the reasons to consider this model.

Liz Adams, PATH Intl. Certified Master Instructor, Interactive Vaulting Instructor, ESMHL and Accreditation Site Visitor; and Nicole Sheridan, PATH Intl. Certified Registered Instructor (Emerald Hollow Farm)

5:15 to 5:45 p.m.

TREK TO INSTRUCTOR ACCREDITATION: JEFF KELLING, PATH INTL. STAFF AND STATE MEETINGS *CE

DINNER ON YOUR OWN

SUNDAY, APRIL 23

(Riding to the Top)

PLEASE NOTE: Sessions have varying start and end times. Please consider this when registering.

8 to 8:30 a.m.

LIGHT BREAKFAST

8:45 to 9:45 a.m.

E1 • EFFECTIVE IMPLEMENTATION OF EFP (PART II)—ARENA *ESMHL CR

See description of Part I (Saturday, A1). In Part II, presenters will demonstrate how to strategize activities that reflect the treatment plan to include role play with horses.

Sarah Jane Chaplin and Kristen McGraw (UpReach TEC)

Region 1 PATH Intl. CONFERENCE

Agenda

8:45 to 10:15 a.m.

E2 • FROM ANCIENT WISDOM TO MODERN WISDOM *CE

This presentation will discuss an integrative approach to veterinary care that includes Eastern and Western medicine. We will discuss many of the common problems encountered as well as preventative care. The participant will also be introduced to Tui-Na An-Mo, a Chinese technique that is effective in treating and preventing many common problems.

Claire Tusch, DVM, CVA (Tusch's Integrative Veterinary Care)

8:45 to 10:15 a.m.

E3 • WHY NOT A MULE? THE PROS AND CONS TO HAVING A DIVERSE HERD FOR YOUR PROGRAM—VIEWING ROOM; REPEAT PRESENTATION FROM SATURDAY *CE

See description Saturday, D2

Samantha Arevalo, PATH Intl. Certified Registered Instructor, EAGALA Equine Specialist (Green Chimneys)

10 to 11 a.m.

F1 • RIDING WITH AWARENESS PART 2—ARENA *RIDING CR

See description of Part I (Saturday, D1). Part II will be incorporating this new awareness into the saddle.

Judy Cross Strehlke, PATH Intl. Certified Advanced Instructor, Level IV Centered Riding Clinician

10:30 a.m. to 12 p.m.

F2 • TRANSITION YOUR NEW EAAT HORSE INTO YOUR PROGRAM—MINDFULLY—VIEWING ROOM *CE

Transitioning a new horse into your program requires thought and compassion. In this talk, Nicole Birkholzer, equine advocate, teaches the three key components that make for a successful integration: What to consider before committing to a new horse; How to provide an easy and successful transition for the new horse and staff; and How to ensure the horse a long, healthy career at your center.

Nicole Birkholzer, Mindful Connections®

11:15 a.m. to 12:45 p.m.

F3 • YOGA ON HORSEBACK—ARENA *CE

In doing yoga on horseback the attendees can gain an understanding of how breath work and yoga can benefit riders and allow them to relax at all gaits, get

deeper into postures or provide a new way to connect with the horse. Yoga postures create space in the body, encourage proper alignment and strengthen muscles. With consistent practice, one learns the balance of strength, flexibility and concentration needed in the postures that are the same foundations needed for riding.

Lorna Young, PATH Intl. Certified Advanced Instructor; and Tabitha Lemelin, registered yoga instructor (Full Circle Farm)

11:30 a.m. to 1:30 p.m.

BOX LUNCHESES AVAILABLE (WORKING LUNCH)

1 to 3 p.m.

G1 • OPEN THE DRIVING DOOR FOR FUN AND CONFIDENCE BUILDING: A HANDS-ON LOOK AT THERAPEUTIC DRIVING AND COMPETITION—VIEWING ROOM AND ARENA *DRIVING CR

This presentation will begin with a driving overview to include safety, various forms of driving and a discussion about suitable horses/harnesses. Videos will introduce Para Olympic driving and illustrate the Combined Driving Event form of competition. Following the classroom presentation, two horses will be harnessed and participants will be given the opportunity to drive. Bring your helmet!

Mario Pascarelli, PATH Intl. Certified Driving Instructor Level I (Bull Ring Belgians and Riding To The Top); and Scott Monroe, 2016 United States Para-Driving Coach, PATH Intl. Certified Driving Instructor Level II and three-time USEF National Combined Driving Single Horse Champion.

**WE LOOK FORWARD TO SEEING YOU
APRIL 21-23, 2017 IN MAINE!**



2017

PATH
INTERNATIONAL
Professional Association of Therapeutic
Horsemanship International

SAVE THE DATE

2017 PATH Intl.
Conference and
Annual Meeting

San Antonio, TX

November 8-11, 2017

(800) 369-RIDE | www.pathintl.org