



Bio's of EFP/EFL Membership Work Group

Leif Hallberg, M.A., LCPC

Chair of the EFP/EFL Membership Work Group

Private Counseling Practice, Montana

www.hallbergtherapy.com

Ms. Hallberg is a horse trainer turned licensed mental health professional who came into the field of equine assisted activities and therapies in 1996. Her experience includes a 1997 efficacy study of emerging Equine Facilitated Psychotherapy (EFP) and Equine Facilitated Learning (EFL) programs across the U.S. within pre-existing therapeutic riding programs (supported in part by the Animal Therapy Association of Arizona), the creation and oversight of three EFP/EFL programs in Arizona, New Mexico, and Montana, a 2003 Masters thesis entitled *Horses as Healers: Exploring the Psychological Implications of the Horse-Human Relationship*, and the publication in 2008 of her first book, *Walking the Way of the Horse: Exploring the Power of the Horse-Human Relationship*, which helps to define the theoretical and practical applications of equine facilitated mental health and education services. Leif was an EFMHA board member, and is currently the EFP/EFL advisor to NARHA's Membership Oversight Committee, chair of the EFP/EFL Membership Task Force, and a member of NARHA's Education Business Model Task Force. Leif's experience includes an assistant professorship at Carroll College in the Human-Animal Bond Department and adjunct instructor responsibilities at Prescott College. Currently, Leif provides trainings, workshops, and lectures on the field of equine assisted activities and therapies across the country. Leif is a Licensed Clinical Professional Counselor in private practice in Bozeman, MT and provides clinical services both with and without horses.

Tracy Weber, M.S., Ph. D.

Kaleidoscope Learning Circle, Michigan

www.myklc.com

Tracy's experience as a marketing director, researcher, and executive director of a non-profit offers her a deep pool of resources in addition to her education and facilitating programs throughout the US and abroad. She created Kaleidoscope Learning Circle, llc. (KLC) near Frankenmuth, which engages the whole person by designing customized learner-centered processes which achieve positive, transformational and lasting behavioral change for individuals, teams and communities. As an entrepreneur, farm owner, and pioneer in the field of Equine-Assisted Learning (EAL) her network of professionals and friends in the equine-assisted industry is far-reaching across disciplines and geography. She has presented at numerous conferences including the Lilly Conference on Higher Education and Teaching, EGALA, AEE, and ACA. Weber is an active volunteer, locally and nationally, serving as past Chair on the American Association of University Women, the Saginaw County Business & Education Partnership and the Frankenmuth Multiple Sclerosis Walk. In addition to facilitating increased awareness and

healthy relationships for individuals and businesses at Kaleidoscope, she is on the faculty of Michigan State University, Northwood University, Prescott College, and Rochester Institute of Technology where her focus is on leadership and customer relationship management. She is also certified to deliver NEOS (Next Element Outcomes System). Tracy's personal experience with higher education, in both her Master's and Ph.D. programs, were learner-centered, competency based with limited residency requirements. Through living these educational journeys while working and raising a family, she recognized the potential for all adults to celebrate learning. This began her quest to help transform experiences, in education and in organizational development and training, from teacher-centered to learner-centered. She integrates experiential learning and a holistic worldview of humans & systems into her programs.

Ann Kern-Godal MA (HRD)

PhD Student, Medical Faculty, University of Oslo Norway

Researcher, The Stables, Dept of Addiction Treatment (Youth), Oslo University Hospital

Editor, FRDI/HETI Scientific and Educational Journal of Therapeutic Riding

Ann worked in health administration for more than 30 years. She was Deputy Secretary for Health in Australia and subsequently an Executive Director at the World Health Organisation (WHO) in Geneva before deciding on 9/11 to resign from WHO and pursue a life-long ambition to undertake horse assisted therapeutic work for disabled persons. Having little experience or contacts she worked in a voluntary capacity in Switzerland to build up knowledge and expertise. Since moving to Norway in 2006, she has been studying the treatment of young drug addicts (both residential and day care) and trauma in-patients at two major psychiatric hospitals each of which involve resident herds of horses in their treatment programs. In 2011 she was accepted as a PhD student in the Medical Faculty at the University of Oslo to study the Impact of Horse Assisted Therapy on Addiction Treatment Outcomes. This study will be carried out at Oslo University Hospital with their resident herd of warm and cold bloods which are owned by the local Lions Club. For the past nine she has also continued her international career, working with the International Paralympic movement (IPC), the International Equestrian Federation (FEI), the Federation of Riding for the Disabled International (FRDI/now HETI) and is currently editor of their Scientific and Educational Journal of Therapeutic Riding. She is a member of the European Horse Commission Therapy Working Group and the European and Nordic Horse Assisted Therapy Research Networks.

Tanya Welsch, MSW, LICSW

Natural Connections Learning Center, Minneapolis

naturalconnections.org

Tanya Welsch is a licensed school and clinical social worker with close to 20 years experience providing Animal-Assisted Interventions (AAI) in mental health and learning programs for individuals. As a multi-species practitioner, she provides AAI training and consultation and co-facilitates a graduate course in AAI at the University of Minnesota. She is the Education Director and founder of the nonprofit Natural Connections Learning Center, is a Pet Partners® team evaluator with the Delta Society, and a TTEAM Practitioner-in-training through the Tellington-TTouch. She was the Secretary of the Board for EFMHA (Equine Facilitated Mental Health Association) and is a Graduate Advisor and Adjunct Faculty for the Master's of Arts in

Education with an emphasis in Equine-Assisted Learning (EAL) through Prescott College. Along with her horse, Viola, and registered therapy dog and chicken, she works with an amazing herd of horses, goats, llamas, and donkeys at NCLC's program sites in the Twin Cities.

Martha McNeil, M.A., M.Div., LMFT, CEIP-MH

NARHA Certified Therapeutic Riding Instructor, formerly EAGALA Level 1 Certified DreamPower Horsemanship, Gilroy, California

www.dreampowerhorsemanship.com

Martha is the Founder and Director of DreamPower Horsemanship in Gilroy, California. She is a Licensed Marriage and Family Therapist, a NARHA Registered Therapeutic Riding Instructor, a Certified Equine Interaction Professional in Mental Health (CEIP-MH) and was EAGALA Level 1 certified. Martha served on the Board of Directors of the Equine Facilitated Mental Health Association (EFMHA) from 2006-2010, and is a Professional Member of the California Association of Marriage and Family Therapists (CAMFT) and the North American Riding for the Handicapped Association (NARHA). From 1993-2010 Martha worked at the OMI Family Center in San Francisco, a Community Behavioral Health Services clinic and part of the City and County of San Francisco Department of Public Health. There she worked with seriously and persistently mentally ill adults, children in foster care and supervised graduate student clinicians. An accomplished rider, she wrote a column on "The Mental Side of Riding" for Equestrian Network Magazine (www.equestmagazine.com), has had articles published by the Bay Area Equestrian Network, Horse-Guide.com, USPC News, NARHA Strides, and Paso Fino Horse World, and serves as Director of the [Ohlone Riders](#) unit of the Backcountry Horsemen of California. In addition to her clinic work, Martha has worked in psychotherapy private practice from 1995 to the present. At DreamPower, she supervises Marriage and Family Therapy Interns and serves as Clinical Director for DreamPower's equine facilitated psychotherapy and Horses for Heroes programs.

Kathy Lutz, LCSW, LCADC, CP

Licensed Clinical Social Worker, Licensed Clinical Alcohol and Drug Counselor, Certified Psychodramatist, NARHA Certified Riding Instructor, EAGALA member and Level 1 Certified inactive, NARHA Member

Private Practice, Montclair, New Jersey

KathyLutzLCSW.com

Rocking Horse Rehab, West Orange, New Jersey

www.rockinghorserehab.com

Kathy received her Bachelor of Social Work degree from St. Francis College in Pennsylvania and her Master of Social Work from the Catholic University of America. Kathy is a licensed clinical social worker, a licensed clinical alcohol and drug counselor and a certified psychodramatist with more than 30 years of clinical experience in a variety of treatment settings: hospital in-patient drug and alcohol treatment, community mental health counseling for drug/alcohol/psychiatric clients, student assistance counseling in high school settings, child study team leader and therapist in private high schools for seriously psychiatrically impaired students. At Rocking Horse Rehab, Kathy developed the mental health portion of the program's services 7

years ago. She provides individual, group and family therapy with equine assistance from Small Fry, Ella, Gracie and Nick. Kathy is author of the social skills training manual, Horsemanship /Humanship Skills: How Horses Make Us Better People. This manual is the basis for Kathy's social skills work. In addition to her work at Rocking Horse Rehab, Kathy maintains a private practice in Montclair providing individual, family and group therapy for adolescents and adults. Kathy rode horses for 7 years in her youth. She now enjoys horseback riding weekly. Working at Rocking Horse Rehab has been the greatest pleasure of her career!

Teresa Bennett Pasquale, LCSW, RYT

Integrative Mental Health Professional

Registered Yoga Teacher

South Florida

Teresa Bennett Pasquale is a graduate of New York University's School of Social Work and a Licensed Clinical Social Worker. She specializes in PTSD and has worked with a variety of populations: combat veterans, survivors of military sexual trauma, international survivors of torture, and domestic violence issues in international populations. She focuses her practice on a variety of experiential and somatic practices including yoga for trauma survivors, nature-based therapies, creative arts therapies, and animal-assisted therapies. She has studied the correlation between physiology, psychology, neurobiology, spirituality and existentialist theories around trauma healing, and the interpersonal relationships in trauma populations and their recovery. In 2009 she was awarded NYU's "Outstanding Recent Alumna Award" for her creation of innovative programming for combat veterans which included multimedia therapies and yoga therapies. She is a practitioner of Equine Facilitated Psychotherapy (EFP) for trauma survivors and works in collaboration with Maurette Hanson & Vinceremos Therapeutic Riding Center, co-facilitating an EFP Horses for Heroes Program. She has presented locally and nationally on issues of trauma & neurobiology, mind/body practices, equine facilitated psychotherapy, and creative arts therapies for trauma. She wrote an e-booklet on complementary therapies called "Beyond Talk" and another "Prana Equus" on the integration of yoga elements into equine work (specifically with trauma populations) in 2010. She also enjoys writing creative non-fiction as another avenue for her own exploration of the human experience.

Linda Nelson, MS, OTR/L

Kingston, WA

Linda graduated from the University of Washington with a BS in Occupational Therapy and an MS in Rehabilitation Medicine. Early jobs were in psychiatric and rehabilitation settings. After time out to have a family, she returned to work for the North Kitsap School District, retiring in 2010 after 30 years. Her work included providing therapy services for children in special education, teacher/parent training, and presenting workshops on sensory processing and other topics. In the 1990's, Linda helped develop a recreational riding program for children with disabilities in Poulsbo, Washington. She became EAGALA Level I certified in 2001 (presently inactive), and a NARHA Registered Therapist in Hippotherapy in 2004. She is working to renew her AHA registration based on current training requirements. Linda has volunteered at a

local therapeutic riding center, and is an avid reader of literature on equine assisted activities/therapies. She has two horses of her own, and has taken an eclectic assortment of lessons. She is currently involved in lessons combining Feldenkrais work, TTouch, and Pegging Cummings' Connected Riding. Linda is passionate about the potential of the horse-human relationship in all of its many forms

Blair McKissock, MSED

NARHA Certified Therapeutic Riding Instructor, EAGALA Level 1 Certified Member

Ehorseeducation, Indiana

www.ehorseeducation.com

Blair McKissock, has been a horse professional for over 20 years. Her career began as a Recreation Therapist working in mental health with adventure therapy and animal assisted therapy. Her experience as a therapist includes work in dolphin human therapy, wildlife education and rehabilitation and adventure education working with many populations but primarily with youth at risk and children with Autism. She became certified as a therapeutic riding instructor in 1998 and has worked for some of the largest programs in Indiana most recently as the Director of Operations. Her desire to make continuing education more affordable and accessible to instructor and horse professionals led her to co-found ehorseeducation.com, the first online training resource for equine assisted professionals. She holds a Masters degree in Education with a research focus on human animal bond and motivation. Her passion is in studying the question of Why the Horse and our connection with nature. She has been trained and certified in various areas including: therapeutic riding, Equine Assisted Growth and Learning, Equine Guided Education, Sensory Integration, Diabetes Lifestyle Coaching, Wellness Coaching, and Pilate's/Yoga. Most recently she launched Equiyo, a training and instruction tool utilizing yoga flow to improve the relationship between rider and horse as well as a method to reduce stress in clients. Blair is also a certified Wellness Coach focused primarily on obesity and diabetes prevention and education. Along with one-on-one coaching, she facilitates group workshops on many topics related to change, leadership and human/animal relationships. She has presented her work at several national conferences including three national NARHA conferences and is active professionally with NARHA. You can read her column as the Indianapolis Horse Examiner on Examiner.com or see her other in many sources including curriculum guides, resource books and online magazines. She is also the creator Wellnessgal.com, a wellness based resource and coaching site for individuals and small businesses.

Shannon Knapp, M.A.

EAGALA Advanced, Parelli Level Two

Horse Sense of the Carolina's and Horse Sense Business Sense – North Carolina

www.HorseSenseOtc.com

www.HorseSenseBusiness.com

Shannon Knapp is founder and president of both Horse Sense of the Carolinas, Inc., and Horse Sense Business Sense, LLC. Horse Sense of the Carolinas is a national provider of Equine Assisted Psychotherapy and Learning services, and a leading resource for equine facilitated therapy professionals worldwide. Horse Sense Business Sense™ provides equine assisted

programs with the practical resources, information, and tools they need to build a successful business. Shannon has worked with and taught horses and people for over 25 years. After 10 years teaching in college, she left academia and began working with abused & neglected horses. She began pairing "rescued" horses with people in 2001, and *Horse Sense* was formed soon after. She and her husband Richard continue to work with horses through horse rescue organizations and local humane societies and law enforcement. Shannon is EAGALA Advanced Certified, a Parelli Level 2 graduate, and is the author of the book, *Horse Sense Business Sense, Volume 1*, an introduction to starting and running your own Horse Therapy & Learning practice, as well as numerous other resources for Horse Therapy & Learning practices. In addition, Shannon is a Graduate Advisor for Prescott College's Equine Assisted Learning program, & offers consulting services to those interested in starting their own Horse Therapy & Learning business. She is currently working on her second book, about the role of the horse, the horse professional & Natural Horsemanship in Equine Assisted Practices.

Michael Kaufmann

Member

Farm and Wildlife Director

Green Chimney's School, New York

www.greenchimneys.org

Michael Kaufmann has been recognized as a resource in Animal Welfare, Animal Assisted Activities/Therapy and in Humane Education for 25 years. In 2005 Michael Kaufmann made a commitment to Green Chimneys Children's Services/Green Chimneys School as Farm and Wildlife Director. At Green Chimneys, he directs all aspects of the nature based therapeutic programs offered to 200 children with psycho/social disabilities at the farm, in the equine program, at two organic gardens, a service dog training program and in the wildlife rehabilitation center. Kaufmann started his career as a humane educator at the American Society for the Prevention of Cruelty to Animals (ASPCA) in New York City and continued at the American Humane Association (AHA), a national child and animal protection organization that promotes the highest standards of competence among child welfare and animal care and control professionals. At AHA he served as a national spokesperson with a special focus on humane education, the correlation between animal cruelty, domestic violence and child abuse and equine welfare issues. Subsequently he represented the North American Riding for the Handicapped Association (NARHA) as Director of Education and Communication and editor of the national magazine STRIDES. He continues to lead and facilitate workshops and seminars throughout the United States and internationally and regularly edits and contributes to various defining publications in the human/animal bond field. Michael Kaufmann is an experienced program director and has successfully coordinated numerous national animal welfare campaigns. With funding and support from the Geraldine Dodge Foundation, PetSmart Charities, the Scott Trust and other national grantors he has effectively guided conferences, publications and educational campaigns from conception to completion. Michael is on the board of the Horses and Humans Research Foundation (HHRF), has served as chairman of the Humane Education Advisory Council of the Latham Foundation, has been an advisor to the Delta Society and has served on the Harrison Memorial Veterinary Hospital advisory board. He is a past member of the board of the North American Riding for the Handicapped Association (NARHA) and a founding board member and committee chair for the Equine Facilitated Mental Health Association (EFMHA).

From childhood, growing up in Switzerland, the beneficial relationship between people, animals and the natural world has shaped Michael Kaufmann's life. He has supplemented his official positions with hands-on experiences as a livestock manager, with on-site studies of circus animal trainers and via internships at several zoos. He served as manager of two working horse farms early in his life and for several years maintained a small livestock sanctuary at his own farm. Michael Kaufmann has been quoted on equine assisted activities, the human animal bond and animal welfare issues by such diverse sources as TIME, The Wall Street Journal, The New York Times, National Public Radio, Reaching Today's Youth, the Journal of the American Veterinary Medical Association and other media sources.

Kristin E. Mason

NARHA Advanced Instructor, NARHA Mentor, NARHA Apprentice Evaluator, NARHA Associate Site Visitor, NARHA State Chair
DoodleBug Farm, Vermont

Kristin is a NARHA Advanced Instructor, NARHA Mentor, NARHA Apprentice Evaluator, NARHA Associate Site Visitor, and NARHA State Chair. She is the chair of the Equine Welfare Task Force and serves on several other NARHA committees. Kristin has over 15 years experience in the field of EAA including instruction, small program management, volunteer management and special programs management. She is a Equi-Myo certified Equine & Canine Trigger Point Myotherapist, a Veterinary Assistant and the Owner/Operator of Holistic TPM & Kriiter Care by Kristin. Kristin is currently working on designing and developing a small new center at her home on DoodleBug Farm in Morgan, Vermont.

Kali Welch

Carroll College, Helena MT

Kali was in the US Army for four years before going back to college. She is a junior at Carroll College in Helena, Montana majoring in psychology with a minor in the human-animal bond. As a freshman, Kali began her focus in the equine portion of the HAB program, learning about the history of the horse-human relationship, basic equine science, and equine assisted activities and therapies. In the fall of 2009 Kali and several students helped create a riding team for Carroll, which has since begun competing in the Inter Collegiate Horse Show Association. Kali competed on the team through the spring of 2011 and served as the president of the club until the end of 2010. Kali spent the summer of 2010 interning with Leif Hallberg, where she worked closely with several adolescent clients, primarily in an EFL setting. Kali was recently inducted into Psi Chi, a national honors society for graduate and undergraduate students studying psychology. Kali will be starting her honors thesis research, looking to find more supporting empirical evidence to strengthen findings that dogs can lower heart rate and blood pressure in humans, and to test whether this effect will hold in high stress environments. After graduation from Carroll College, Kali plans to continue on to graduate school and to pursue a PhD in psychology, and later to practice in an EFP/EAP setting.

Serving as Adviser

Miyako Kinoshita, B.A., M.A.(s)

Advanced NARHA Certified Therapeutic Riding Instructor
Member

Green Chimneys, New York

www.greenchimneys.org

Miyako Kinoshita joined Green Chimneys in 1997 as a farm intern, and has taught equine program for 10 years. Currently she is a Farm Education Program Manager, supervising international intern program, as well as being a liaison to other departments and programs on treatment of children. She is a Certified Advanced level Therapeutic riding instructor of NARHA, NARHA board of trustee, and a graduate student in Education. Miyako specializes in prevention, early detection, and intervention of emotional and behavioral crisis in AAA setting, and has done many workshops and lectures within United States, and in Japan. Miyako was the EFMHA (Equine Facilitated Mental Health Association) Board President and now serves on the NARHA Board Governance Committee. She holds an advanced level therapeutic riding instructor certification from NARHA and is currently completing her Master's degree in Elementary and Special Education. Miyako has written extensively on the topics of Animal Assisted Activities and Therapies, Equine Assisted Activities, and Equine Facilitated Learning and has been published in many publications, both nationally and internationally.