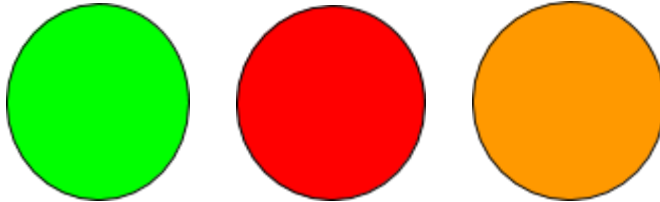


## By a Thread

### Life Skills:



**Set Up: Horse and Halter  
Yarn**

**Cones**

### Prerequisites : The Basics

**Objective:** Lead horse successfully through cones while keeping yarn in tact.

In small ring with a piece of yarn tied under the horse's halter, guide horse through cones without breaking the yarn. If the yarn breaks, the leader must get a new piece of yarn and try again.

**Discussion:** What was this exercise like for the leader?

What were the leaders thoughts/feelings?

What was this exercise like for the horse?

How did the leader connect with the horse?

How could the leader better connect with the horse next time?

Does this activity require further preparation/planning?

**Charm:**

