Our Horse Herds Guide to Teaching, Coaching, Counseling

Horses have thrived in herds for over 60 million years by

- Adapting quickly and positively to change
- Living in harmony with each other and the environment
- Working together for the benefit of all
- Following their soul's purpose

1) The success of the horse herd depends on clear inclusive leadership and committed follower-ship toward the common goal of physical survival, social responsibility and sustainable relationship with nature. Coach towards a common goal for the good of all

2) Leadership and coaching presence and responsibility is established through working from strength, competency, mutuality, persistence, credibility and courage.

3) Herd members support and challenge their leaders and each other and take risks in order to stay physically agile and mentally alert, qualities essential for survival in an unpredictable environment. As a coach we balance the challenge to learn with support.

4) The primary lead horses develop its followers into leaders according to individual capacity and the needs of the herd. As coaches we start where our clients is & help them reach their potential.

5) Horses are honest --their inner experience is always congruent with their outer actions. Be authentic, congruent and honest and support the clients to be authentic

6) The herd moves in an ongoing process between chaos and control until a natural order of dynamic stability and self organization emerges. Coaching requires both instability and stability for change to occur.

7) Horses move instinctively and respond instantaneously to their senses creating a field of influence where unseen patterns of structure influence the behavior of all the herd members as one. As a coach use all your senses and sense-ability

8) A herd is inclusive need to be inclusive--- everyone belongs, everyone is essential, everyone matters. Relationship and the well being of its members are primary to the herd’s survival. As coaches we respect differences and embrace inclusiveness

9) Horses focus forward - the herd moves toward that which is interesting, inviting and essential to their well being. Coach towards what is positive and life giving

10) The herd listens for and creates the conditions for the best possible future to emerge in service of the whole. Listen as a coach for the ideal future that wants to emerge

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