



In the spring of 2006, Therapeutic Riding of Tucson began its collaboration with the Southern Arizona Veterans Administration Health Care System to establish a program of recreational therapeutic riding for injured US Veterans in the Tucson region. "Heroes on Horses" is the first program of its type at a NARHA Premiere Accredited Center – a program of weekly therapeutic riding lessons to prepare Veterans to seek recreational riding opportunities with family and friends in a variety of environments.



The "Heroes on Horses" program was the subject of the April 2007 episode of The American Veteran filmed by VA Productions of Washington, DC for airing on The Pentagon Channel. TROT was identified as a resource for other riding centers seeking to establish a similar program.



Join TROT for a "how-to" and "hands-on" workshop on creating and sustaining a program for injured Veterans – our "Heroes on Horses."



**TOPICS INCLUDE:**

Horses & Tack  
What Volunteers Need to Know  
The Importance of Creating Partnerships  
PTSD  
Funding the Program  
Publicity  
Traumatic Brain Injury  
Hearing/Sight Impairment  
Spinal Cord Injuries

**Friday/January 7** 8:30 am – 4:30 pm

LA MARIPOSA Resort

The TROT Program

History and structure of the TROT program  
Preparing volunteers • Including Families Too

Creating Professional Partnerships

Post Traumatic Stress Disorder  
How do we recognize its effects

Panel Discussion with Veteran Riders

Say Howdy, Partners! 5:00 – 6:30 pm  
A get-acquainted social at the TROT Ranch

**Saturday/January 8** 8:30 am – 4:00 pm

TROT RANCH

The TROT Way

Horse Training from the Wheelchair

Walking in their Shoes  
Arizona Schools for the Deaf & Blind training team  
experiential workshop

From Dependant to Independent  
Demonstration Lesson

**Sunday/January 9** 8:30 am – 1:00 pm

LA MARIPOSA Resort

Funding/Financing a Veterans Program

Southern Arizona VA Health Care System  
The Evaluation Process  
Traumatic Brain Injury  
Spinal Cord Injuries

**Mary Vardi, Director of Instruction** is uniquely qualified to guide this program through her previous work with veterans of the Israeli Army in her position as Program Director of the Therapeutic Riding Program of Kibbutz Hatzor. Mary is a Masters Level Certified Riding Instructor from the Wingate Institute of Israel with more than 20 years experience in instruction and training.

**Nancy McGibbon, MS, PT, HPCS** A TROT co-founder and licensed physical therapist, Nancy has many years experience working with clients who have had traumatic injuries. She has completed four major research projects on the effect of equine movement upon patients.

**Jess Salyers, MS, OTR/L**  
A licensed Occupational Therapist with hippotherapy experience as well as degrees in social work and therapeutic recreation. At TROT Therapy Services, she is providing early intervention for our youngest clients.

**Steven Price, M.S.W., PhD.** Is a Psychotherapist in private practice and the Local Recovery Coordinator and Evidence-based Psychotherapy Coordinator for the VA Health Care System in Cheyenne, WY. He is developing Curriculum and providing services to returning Veterans and their families. Dr. Price has over 30 years experience as an educator, speaker, and therapist.

Staff: Arizona Schools for the Deaf & Blind

Staff: So. AZ Veterans Administration  
Health Care System

CONFERENCE FEE: **\$400**

*Conference Limited to 60 Attendees*

*Please register early!*

Non-refundable Registration Deposit: **\$50**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

e-mail \_\_\_\_\_

Center \_\_\_\_\_

Your position \_\_\_\_\_

Make \$50 deposit check payable to:

TROT

8920 E Woodland Road

Tucson, AZ 85749

**(520) 749-2360**

MasterCard or VISA also accepted. Please call (520) 749-2360 to process a phone authorization credit card charge.

Fee includes continental breakfast on Friday, Saturday and Sunday; lunch and social mixer on Friday; and lunch on Saturday. Hotel, transportation and Tucson visitor information will be provided to accepted registrants. Conference will be cancelled if there are less than 30 participants.



A Conference for Therapeutic Riding Centers seeking to establish or enhance a program for injured US Veterans

**POSTIVE PROGRAM PARTNERSHIPS**

**Friday • Saturday • Sunday  
January 7 - 9, 2011**



**Presented by:  
Therapeutic Riding of Tucson  
Tucson, Arizona**

**Conference Sponsor:  
Moritz Foundation**