

The Similarities and Differences between Interactive Vaulting and Competitive Vaulting

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&
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Amanda Bubb



- Amanda is a PATH Intl. CTRI, ESMHL, Interactive Vaulting Instructor, and Therapeutic Driving Instructor Level 1 at Reins of Life, Inc.
- Amanda has worked in the EAS industry for almost 20 years and during that time she has served on different PATH Intl. committees and in various industry volunteer roles.
- Amanda is also a PATH Intl. Mentor, Interactive Vaulting Faculty, and Associate Site Visitor, and CHA Level 4 Equine Facility Manager and Assistant Clinician. Additionally, she is an Adjunct Instructor in the Equine Department at Saint Mary-of-the-Woods College.





Jane Egger



- Jane has been involved in competitive vaulting for over 40 years as a vaulter, coach, and lunger.
- Jane currently coaches Apple Blossom Equestrian Vaulters and has taken teams to both regional and national competitions.
- Jane is the EVUSA Region X Supervisor and is a member of the board of directors for Equestrian Vaulting USA.





Today's Objectives:



1

Receive a comprehensive overview of both Interactive and Competitive Vaulting.

2

Identify similarities and differences between Interactive and Competitive Vaulting.

3

Learn the benefits of including vaulting in your programs.

4

Get moving and participate in some fun activities!

5

Practice vaulting positions on a vaulting barrel and learn how to teach core vaulting positions.

Interactive Vaulting

Interactive Vaulting is an activity in which the students perform movements on and around the horse. These movements can be very simple such as sitting without holding onto the surcingle or a more elaborate vaulting position move, such as kneeling or standing on the horse. An Interactive Vaulting Instructor is able to create a safe, dynamic environment that offers educational, social, creative and movement opportunities to participants engaged in horsemanship activities.

An Interactive Vaulting Lesson places an emphasis not only on vaulting skills but also on group goals and interactions between students, the equine, volunteers and the instructor.

To this end an Interactive Vaulting lesson includes facilitated group activities prior to mounted work.





Interactive Vaulting

Equine-assisted services that engage participants in horsemanship activities, movements around, on, and off the equine or barrel and gymnastics positions and movements on the back of the equine.

- Governed by PATH Intl Standards and Guidelines
- Focus/goal of teaching vaulting skills, and facilitating activities to help reach life and social goals.
- Lessons are group based/INTERACTIVE!
- Lessons can be geared towards a variety of age, skill, and functioning levels.
 - Strong elements of facilitation.

Interactive Vaulting

- Focus on Life Skills such as Team Work, Confidence, Social Interaction, etc.
- Instructor Lunges the horse.
- Follow PATH Intl Standards and Guidelines
- Helmets required unless specific PATH Intl. guidelines are met.
- Requires Instructor certification
- Focus on Life Skills



Competitive Vaulting

- Focus Competition/Skills/Progression
- In an ideal lesson Coach and Lunger are different people.
- Follow Specific Competition and EVUSA Rules
- Helmets Optional but would interfere with competitive vaulting.
- No Certification Required for Coaches
- Focus on Judges Scores and Comments



Benefits of Vaulting For Your Program

- 1 horse and 1 instructor can serve 6 or more participants.
 - Limited volunteer needs
 - Cost effective program
- Horse is managed by instructor or trained lunger
 - Group oriented
- Allows program to appropriately serve diverse populations
- Adds diversity in activities which can help prevent equine, participant, staff and volunteer burnout
 - Community awareness of vaulting for "invisible" disabilities
 - Opportunity for new community partnerships.
 - Expanded funding opportunities

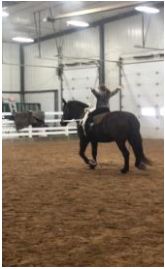




Interactive Vaulting



Competitive Vaulting



Freestyles



Questions???

See You
for
Part Two!

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